This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Monday Tuesday Wednesday June is National Iced Tea Month, National Fresh Fruit and Vegetable Month, and National Rose Month. Join in on our activities to see how we celebrate! 1 9:30 Exercise 10:30 Crafty Crew 11:00 SAIL Exercise at PHRC 11:00 Sewing One on One 12:45 Bucket Toss 9:30 Exercise 10:00 Shopping Trip to 10:00 Shopping Trip to 10:00 Scattegories Game 11:00 SAIL Exercise at PHRC 11:00 Sewing One on One 12:45 Treasure Corner 12:45 Ine Dancing with Nellie 10:00 Estercise 10:00 Est with Nancy 10:00 Est with Dominic			 June 2023					
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12:45 10 Cent Bingo 12:45 Tennis Putt 12:45 Bean Bag Toss Awareness Day	12:45 10 Cent Bingo	12:45 Tennis Putt	12:45 Bean Bag Toss					

June 2023

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

The series series is a pareners in plantage by the series of the series							
Monday	Tuesday	Wednesday	Thursday	Friday			
19 Contra Wo'ng	20	21	22	23			
Center Sorry We're	9:30 Exercise	9:30 Line Dancing with Nellie	9:30 Exercise	9:30 Trivia			
Closed for	10:00 ESL with Nancy	10:00 Jeopardy	10:30 Family Feud with the	9:30 Exercise			
Juneteenth U-00-5-1	10:00 ESL with Thea	10:30 Father's Day	Lee Center	10:00 Gardening with Amber			
	11:00 SAIL Exercise at PHRC	Presentation	10:00 Number Puzzles	10:30 Rice Bowl Trivia			
WALLEY TO THE REAL PROPERTY OF THE PERTY OF	12:30 Bread Raffle	11:00 Learn a board Game!	11:00 SAIL Exercise at PHRC	11:00 Birthday Celebration			
TEENTH	12:45 Bingo	12:45 Bean Bag Slide	12:45 Corner Hole	12:45 Prize Bingo			
FREEDOM							
DAY			***	TT			
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26	27	28	29	30			
9:30 Exercise	9:30 Exercise	Center Closed for Field Trip	9:30 Exercise	9:30 Trivia			
10:00 Farmer's Market	10:00 ESL with Nancy		10:00 Tapple Game	9:30 Exercise			
Presentation and Sign Up	10:30 Crafty Crew	Sorry We're	11:00 SAIL Exercise at PHRC	10:00 Hues and Cues Game!			
10:30 Logic Puzzles	11:00 SAIL Exercise at PHRC	E" HUNEU	11:00 Sewing One on One	11:00 Health Presentation			
11:00 Food and Fun	12:30 Bread Raffle		12:45 Corner Hole	and Blood Pressure Checks			
12:45 10 Cent Bingo	12:45 Rolling Game	Smithsonian		by VHC			
		National Air and Space Museum		11:00 Spanish Class			
				12:45 Prize Bingo			
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*** Activities are subject to change depending on instructor availability***

Check calendar for new games and activities for the month. Is there a game or activity you would like to add and play? Please let Maria know!! Any voluntary donation is greatly appreciated to help ensure that the center is able to continue to provide multiple services and activities.